

AORAKI BOUND & OUTWARD BOUND 2018

Te Ātiawa o Te Waka-a-Māui Trust is seeking to sponsor one candidate on each of the Aoraki Bound and Outward Bound courses in January and February 2018.

Applicants must be registered with Te Ātiawa o Te Waka-a-Māui Trust.

Aoraki Bound is for candidates **over 20 years of age** who are open to challenging themselves. An understanding of tikanga Māori, good vowel pronunciation, and a really good level of fitness will be essential for this course.

The course is 20 intense days, and fuses the knowledge of Ngāi Tahu with the physical focus of Outward Bound, bringing with it a world of knowledge, challenges, revelation, and intense group experience.



Outward Bound's Classic Course is a 21-day course and is open for people between the ages of **18 years and 26 years**. It gives participants the focus and perspective to decide on their future direction. One in four Classic participants reported the course motivated them to find work or start a new career, and 88% left with increased confidence and self-belief.



The Classic is the original and iconic Outward Bound experience, a perfect balance of adventure and reflection. You'll take time to consider your personal values and work out what's important. You'll find a sense of belonging, leaving Anakiwa with new connections and with a better understanding of yourself and your relationship to the wider world.

The criteria for both courses are :

- ◆ applicant must be able to run three (3) kilometres in under 25 minutes
- ◆ applicant must be able to participate in full day activities, eg. tramping for 7+ hours with a pack

If you believe you fit the criteria stated, **please express your interest to Te Ātiawa Trust Office by Friday, 10 November 2017.**

- ◆ Email : office@teatiawatrust.co.nz or
- ◆ Phone : 0800 284 292